A Special Thanks to

mountain rose herbs

For providing high-quality herbs, spices, teas, and DIY supplies for our Hands-On Workshops.

(800) 879-3337
www.mountainroseherbs.com
Whether you’re looking for vegetarian, vegan, gluten-free, or tasty dinner treats you’ll find just the right dining spot within easy driving distance from the Stormont Vail Events Center.

Looking for something else? Visit VisitTopeka.com/Restaurants for more recommendations.”
A LETTER FROM THE DIRECTOR

One decade in and still going strong.

2019 has been a momentous year for the MOTHER EARTH NEWS FAIR: It’s our 9th anniversary! In 2009, a few colleagues and I were engaged in a conversation about the beginnings of MOTHER EARTH NEWS and the vision of its founders, John and Jane Shutttleworth. They started the magazine on a shoestring budget of $1,500 in 1970 with an idea that embraced their interest in ecology and self-sufficiency. We discussed their effort to “bring the magazine to life” by eventually establishing the MOTHER EARTH NEWS Eco-Village in North Carolina. We talked about how cool it would be to figure out how to replicate that community environment: a place where like-minded folks could get together to share their stories and experiences, and inspire one another on their path to a better life. From that conversation the MOTHER EARTH NEWS FAIR was born.

Nothing pleases us more than to host this fun and inspiring event right in our own backyard here in Topeka, and we look forward to gathering for our final event of the year this weekend. Your energy and imagination lead us on one adventure after another.

In the program schedule this year, you’ll find several “Hands-On” workshops where participants can learn new practical, money-saving skill sets. We believe that one of the best ways to learn is by doing, and our nationally renowned experts will show you how. Create your own sourdough starter, hand-stitch a leather pouch, get crafty with a drop spindle, and more! A limited number of tickets are available for these special sessions in the bookstore located in the center of the arena. For more details, check out page 6.

I would like to extend my personal thanks to the many supportive organizations that have invested their time and effort into joining us at this event, and the many innovative exhibitors who have chosen to participate. A special thanks to our sponsors for making this FAIR possible: Central Boiler; CoreFirst Bank and Trust; Free State Oils; Hoover’s Hatchery; Kansas Department of Wildlife, Parks, and Tourism; Mann Lake; Superior Sleep; Ultimate Outdoor Furnace; Wild Bill’s Olde Fashioned Soda Pop; and Wise Women Botanicals.

We are also extremely grateful to the extraordinary individuals who have agreed to join us as speakers, including keynotes Albert Bates, Gary Collins, Shawna Coronado, Janice Cox, Deek Diedricksen, Howard Garrett, Crystal Stevens, Candy Thomas, and Ira Wallace. They represent some of today’s most dedicated and knowledgeable experts in the realm of sustainability and conscientious lifestyles, and we are honored by their commitment.

Sincerely,

Andrew Perkins
Director of Events and Business Development

UPCOMING MOTHER EARTH NEWS FAIRS:

Belton, Texas, Bell County Expo, Feb. 15-16, 2020
Nashville, Tennessee, Wilson County Expo, May 16-17, 2020
Swoope, Virginia, Polyface Farm, July 17-18, 2020
Seven Springs, Pennsylvania, Seven Springs Mountain Resort, Sept. 25-27, 2020

Dates & locations subject to change. For the latest info, visit: www.MotherEarthNewsFair.com

FAIR HOURS:
Saturday 9:00 a.m.-6:00 p.m.
Sunday 9:00 a.m.-5:00 p.m.
Hoover's Hatchery leads the industry in providing excellence and ingenuity in hatching chicks for the enjoyment of backyard poultry.
www.hoovershatchery.com
Booth #2200

Mann Lake is the industry’s leading manufacturer of beekeeping supplies. They have everything to meet your beekeeping needs! No matter if you’re a commercial beekeeper or backyard hobbyist, Mann Lake has you covered!
www.mannlakehfd.com
Booth #1108

Wise Women Botanicals aims to bring health and wellness to all people through therapeutic-grade essential oils and creams, medical-grade cannabidiol (CBD) products, natural skin care products, herbal tinctures, and much more from nature’s bounty. Let them help you and your family choose wellness affordably and knowledgeably. Established in 2010, they provide wholesale and retail sales from the heart of the nation. Follow them on Facebook and Instagram for specials.
www.wisewomenbotanicals.net
Booth #2600

The Kansas Department of Wildlife, Parks, and Tourism works with private landowners to provide technical assistance and habitat planning guidance to improve wildlife habitat on the private lands of Kansas. The state’s primary program to address wildlife habitat needs on private lands is referred to as the Habitat First program. It provides cost-share assistance on beneficial habitat management practices that are applied to the landscape. Habitat First offers a multitude of services to meet the needs of Kansas landowners and wildlife.
www.ksoutdoors.com/private-lands
Booth #1208

Superior Sleep Experience is committed to providing you with the best comfort and best sleep experience possible, at the guaranteed lowest price! They do something that no one else does: They offer high-quality beds at a discounted price, one they guarantee won’t be beat (or they will give you the difference).
www.supersleep.com
Booth #1205

Free State Oils offers superior full-spectrum cannabidiol (CBD) products with zero THC for humans, household pets, and farm animals. Their CBD is derived from certified organic hemp grown in the United States. Free State Oils is committed to public education and awareness in this new and expanding market. Stop by their booth and learn how CBD may help you, your loved ones, and your pets! It’s a natural solution to life’s aches and pains.
www.freestateoils.com
Booth #2508

At CoreFirst Bank & Trust (Member FDIC), they work hard to make banking simple. Their products and services are accessible 24/7 so that, no matter your lifestyle, banking is easy. From a first car loan or savings account to a business loan that realizes a long-term dream, they’re always ready to help with your financial journey. Learn more and see the difference at their website.
www.corefirstbank.com

Representing Polar Furnace and Portage & Main Boilers, Ultimate Outdoor Furnace offers a complete line of biomass renewable energy heating equipment. The Polar G2 Plus model is a North American furnace that uses proven European design and meets EPA 2020 emission standards. All of the Polar G-Class models surpass current emission standards and have seven industry firsts, three of which are still exclusive to Polar. Whatever your furnace needs, Ultimate Outdoor Furnace has a solution.
www.ultimateoutdoorfurnace.com
Booth #3104

Privately owned Central Boiler is located in northern Minnesota. They’re North America’s largest manufacturer of outdoor furnaces and provide a clean, safe, efficient way to heat with renewable energy and coal. Based on a desire to create the most efficient heating products, the company’s designs and patents have established it as a leader in the industry.
www.centralboiler.com
Booth #1117

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www.ultimateoutdoorfurnace.com
Booth #3104

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www.ultimateoutdoorfurnace.com
Booth #3104
**DIY Magic Mozzarella Session 1**
Gianaclis Caldwell – Pholia Farm Creamery

Dairy expert Gianaclis Caldwell shows you how to make mozzarella, stretch it, and eat it, all in one hour!

Item #9832 | $20
Saturday 10:00-11:00 a.m.

**DIY Magic Mozzarella Session 2**
Gianaclis Caldwell – Pholia Farm Creamery

Dairy expert Gianaclis Caldwell shows you how to make mozzarella, stretch it, and eat it, all in one hour!

Item #9833 | $20
Sunday 10:00 a.m.-11:00 p.m.

**Getting Started with a Drop Spindle**
Deborah Niemann – New Society Publishers

Is learning to spin on your bucket list, but you’re not sure about investing a few hundred dollars in a spinning wheel? Attend this one-hour, hands-on workshop and get started spinning with a drop spindle. Deborah Niemann provides the spindle, wool, and instructions so that you leave the workshop with your very own handspun yarn.

Item #9862 | $20
Saturday 11:30 a.m.-12:30 p.m.

**DIY Foaming Hand Wash and Micellar Water**
Martin Rayma – Humblebee & Me

You won’t believe how easy and inexpensive it is to make your own foaming hand wash and micellar water! Create your own gentle, sudsy cleansers and learn how to customize them with essential oils and floral waters so you can always have homemade bubbles on hand.

Item #9843 | $20
Saturday 3:30-4:30 p.m.

**Easy Elderberry Syrup**
Crystal Stevens – Thrive Permaculture Farm and Terry Durham – River Hills Harvest

An amazing immune-boosting herbal remedy, elderberry syrup offers support during cold and flu season. Farmers Crystal Stevens and Terry Durham lead this syrup-making workshop. They discuss the medicinal properties of not just elderberries, but also echinacea, cinnamon, ginger, and cloves. Make your own elderberry syrup to take home!

Item #9834 | $15
Saturday 1:00-2:00 p.m.

**Easy Anti-Inflammatory Snacks**
Shawna Coronado – www.ShawnaCoronado.com

Author and wellness expert Shawna Coronado leads audiences on a one-hour journey to better health and wellness. Coronado, diagnosed with severe spinal osteoarthritis in 2015, has reduced her pain levels by more than 80 percent by tapping into beneficial diet, food, and health practices (which she has stuck with for more than three years).

Item #9836 | $25
Sunday 11:30 a.m.-12:30 p.m.

**Beginner’s Guide to Living Off the Grid**
Gary Collins – The Simple Life

With Gary Collins’ expert advice and tips, you’ll not only save time and money, but be able to plan your project with a sensible, straightforward approach. This one-hour workshop employs The Beginner’s Guide to Living Off the Grid workbook, which Collins designed to be a pragmatic, logical approach for simplifying your life.

Item #9844 | $35
Saturday 5:00-6:00 p.m.

**Hand-Stitching Leather**
Dennis Biswell – MOTHER EARTH NEWS

At this extended workshop, participants receive a kit that includes the leather pieces to make a 6-inch-by-6-inch pouch, needles, and artificial sinew. Dennis Biswell teaches how to sew the pouch together using three stitches, and he also provides tips for creating patterns and templates. Attendees can see and use different leatherworking tools (such as punches and a stitching pony). Biswell provides hints and ideas for embellishing the kit (by adding stitches to the flap, a belt loop, closure, and more). The goal for this two-and-a-half-hour session is to provide each participant enough time to finish a pouch.

Item #9831 | $25
Sunday 2:00-4:30 p.m.
Storing Carbon in Your Soil  
Cathy Thomas – Natural Resources Conservation Service, Soil Health Division  
Find out how you can keep carbon stored in your soil to make it function at a high rate. Learn about the issues with the linear process we are currently using (which loses carbon) versus the cyclical process.  
Sunday 2:00-3:00 p.m.

Extending the Harvest: Creating a four-season garden  
Ira Wallace – Southern Exposure Seed Exchange  
Learn how to plan, create, and produce garden bounty all year. This workshop focuses on the all-season garden, including in-depth succession planting, planting summer crops for a fall garden, and fruit planting for late winter.  
Sunday 11:30-12:30 p.m.  
Book Signing Sunday 12:30-1:00 p.m.

How to Maintain Trees for Maximum Health and Production Using Cost-Effective Natural, Organic Techniques  
Howard Garrett – Dirt Doctor  
Hear about natural, organic tree-planting techniques in detail: why they work better, why dramatically exposed root flares are important, and how to expose flares properly so trees can resist pests and reach their potential. Howard Garrett explains the use of natural, organic techniques and products that are effective (and will save water and money). He also provides pruning information, including proper techniques and why to avoid lifting, gutting, and flush cutting.  
Saturday 11:30-12:30 p.m.  
Book Signing Sunday 3:00-3:30 p.m.

Stacked with Flavor: How to build an anti-inflammatory meal plan fueled with a flavor explosion  
Shawna Coronado – www.ShawnaCoronado.com  
Shawna Coronado completely relearned how to eat, exercise, and live an anti-inflammatory lifestyle with the help of her medical professionals after her diagnosis of severe spinal osteoarthritis. Anti-inflammatory foods have made a big difference for Coronado and they can for you. Find out how to add tremendous flavor to your diet, how to negotiate plate portions, what foods are the most anti-inflammatory, and how to safely meal prep. She teaches how to live a wellness lifestyle filled with delicious whole, natural foods that will help your family stay healthy.  
Saturday 2:00-3:00 p.m.  
Book Signing Sunday 4:30-5:00 p.m.

Getting Started with Biochar  
Albert Bates – Chelsea Green Publishing  
Make biochar for your organic garden the permaculture way. Albert Bates demonstrates backpacker cookies that charge your watch and phone, top-lit updraft gasifiers (TLUDs) that capture wood vinegar and bio-oil, and how to make building blocks, recycled plastic, paints, and plaster. Learn to create, prepare, condition, and turbocharge your biochar to get the most from it. This is an interactive student practicum.  
Saturday 3:30-4:30 p.m.  
Book Signing Saturday 4:30-5:00 p.m.

How to Grow and Use Lavender for Health and Beauty  
Janice Cox – Natural Beauty at Home  
The fresh, clean scent of lavender has been used in cosmetics and skin care products since ancient times. Lavender smells good, improves your circulation, attracts pollinators to your yard, and helps you sleep, to name just a few reasons the popularity of this fragrant plant has never been higher. Learn how to start a new plant from cuttings, air-dry flowers for year-round use, and create your own DIY body care products that can be used for hair care, skin care, and in the bath. Janice Cox shares tips, recipes, and herbal craft ideas.  
Saturday 10:00-11:00 a.m.  
Book Signing Sunday 11:00-11:30 a.m.

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Saturday 11:30-12:30 p.m.  
Book Signing Sunday 3:00-3:30 p.m.

Start Your Journey on the Simple Life, Live Off the Grid, and Change Your Health  
Gary Collins – The Simple Life  
Wishing if an off-grid lifestyle is right for you? Author and speaker Gary Collins literally wrote the book on how to transition to a life off the grid. After almost a decade of walking the walk, he’s sharing his successes and failures alike so you can lead a simple life without missing out on creature comforts. As a former special agent for the Department of Health and Human Services and Food and Drug Administration, Collins brings inside knowledge to bear on the health industry. Using his techniques, he’s helped countless clients build a better body, and now he’s here to turn your wellness goals into a reality.  
Sunday 3:30-4:30 p.m.  
Book Signing Saturday 11:00-11:30 a.m.  
and Sunday 4:30-5:00 p.m.

The Dos and Don’ts of Microshelters and Tiny Houses  
Deek Diedricksen – Rehashacks.com  
Former HGTV host Deek Diedricksen (author of Micro Living) talks about the hows, why’s, and “do nots” of his involvement for well over a decade in salvage construction, tiny homes, and living small. He discusses everything from pitfalls and strategies to the long list of tiny homes and bizarre and colorful tree houses he has crafted for clients all around the United States.  
Sunday 10:00-11:00 a.m.  
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Ira Wallace – Southern Exposure Seed Exchange  
Learn how to plan, create, and produce garden bounty all year. This workshop focuses on the all-season garden, including in-depth succession planting, planting summer crops for a fall garden, and fruit planting for late winter.  
Sunday 11:30-12:30 p.m.  
Book Signing Sunday 12:30-1:00 p.m.

Regenerative Gardening and Farming  
Crystal Stevens – Thrive Permaculture Farm  
Crystal Stevens, author of Grow Create Inspire and Worms at Work, discusses ways of maximizing yields and minimizing weeds with soil building, sheet mulching, compost, vermicompost, plant allies, and pollinator attractors. Discover how to integrate permaculture into your garden or farm design.  
Saturday 5:00-6:00 p.m.  
Book Signing Sunday 4:30-5:00 p.m.

Micro Living  
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Sunday 10:00-11:00 a.m.  
Book Signing Saturday 3:00-3:30 p.m.

MOTHER EARTH NEWS STAGE
**Self-Sufficiency: Produce all your own energy**
Dan Chiras – The Evergreen Institute
You can achieve energy independence through many means. What are your best choices? What strategies make the most sense economically?

How do you get started?
Saturday 10:00-11:00 a.m.
Book Signing Saturday 11:00-11:30 a.m. and Sunday 12:30-1:00 p.m.

**Making Cob: How to build with mud**
Uncle Mud and Family – Uncle Mud
Learn how the dirt under your backyard can be turned into beautiful buildings, benches, pizza ovens, and much more... the possibilities are limited only by one’s imagination! Be prepared to get muddy.
Saturday 11:30-12:30 p.m.

**Biomass Heat and Sustainable Living**
Les Radcliffe – Ultimate Outdoor Furnace
Learn how biomass furnaces using forest waste allow for sustainable living and leave a carbon neutral footprint. Biomass is a truly renewable and, with the technology of today, you do not have to put up with smoky furnaces that you may have known from the past. With biomass, you are in charge (not the weather or the utility companies). Live off the grid with heat, hot water, and even houses. You can use the water at this workshop to wash off with, but be prepared to get dirty and have fun.
Saturday 1:00-1:30 p.m.

**Microshelters: Using salvaged materials efficiently and safely**
Deek Diedricksen – Relaxshacks.com
Former HGTV host Deek Diedricksen (author of Micro Living) talks about his involvement for well over a decade in “inventive salvage construction.” Learn about techniques, opportunities, and things to keep in mind as you salvage for materials to use in your microshelter. Stay safe and healthy while saving money on your resources. Diedricksen discusses everything from the tiny homes he has built and designed to the long list of the bizarre and colorful tree houses he has crafted for clients all around the United States.
Saturday 2:00-3:00 p.m.
Book Signing Saturday 3:00-3:30 p.m.

**Build Your Own Wood-Fired Pizza Oven from Dirt**
Uncle Mud and Family
Help turn a pile of mud into a wood-fired pizza oven! See how easy it is to do this in your own backyard. Be prepared to get muddy.
Saturday 3:30-4:30 p.m.

**Kids Can Build with Sticks and Mud**
Uncle Mud and Family
Play in the mud with Uncle Mud and friends. Use clay, straw, and sticks to build little houses and sculpt beautiful objects from your wild imagination. This is a "hands-in" workshop: hands and feet squishing and mixing and making a big mess. Talk about how we can use these same materials to build benches, ovens, and even houses. You can use the water at this workshop to wash off with, but be prepared to get dirty and have fun.
Saturday 5:00-6:00 p.m.

**DIY Composting Toilet and Bin**
Dan Chiras – The Evergreen Institute
Almost half the water you use in your house gets flushed down the toilet, wasting water, energy, and valuable nutrients that could be going back into your garden. To be truly sustainable, we need to recycle everything. We also need to compost all organic materials, such as food scraps and yard waste, returning the nutrients to the Earth. That includes humanure, the nutrient-rich excretions human societies produce in massive quantities each and every day. Dan Chiras and Chris “Uncle Mud” McClellan show how to build a safe, low-cost, odor-free, and highly effective humanure composting system, consisting of a sawdust toilet and compost bin. This system works well in homes, cabins, cottages, and even camping spots. It can also be used in emergencies.
Sunday 11:30-12:30 p.m.
Book Signing (Dan Chiras)
Sunday 1:00-1:30 p.m.

**Cheaps, Stydy Buildings from Straw, Clay, and Pallets**
Uncle Mud and Family
See how straw, an agricultural waste product, and wood pallets can be turned into a low-cost, beautiful, eco-friendly, highly insulated wall that keeps your house comfy winter and summer.
Sunday 3:30-4:30 p.m.

**Making Biochar Master Class**
Albert Bates – Chelsea Green Publishing
An intrepid explorer of alternative futures, Albert Bates examines all aspects of biochar to reverse climate change. Hear about a wide variety of production methods and equipment, conditioning for different purposes, and applications ranging from feed supplements and fertilizer to concrete, plasters, paints, fibers, plastics, and 3D printing. We CAN reverse climate change!
Sunday 10:00-11:00 a.m.
Book Signing Saturday 4:30-5:00 p.m.
Sunday 12:30-1:00 p.m.

**Renewable Energy Q&A**
Dan Chiras – The Evergreen Institute
Author and expert Dan Chiras hosts a wide-ranging discussion on the many ways in which we can harness and conserve energy with sustainable and efficient methods, from high-tech to low-tech. Bring your questions as Chiras provides answers on a variety of renewable energy topics, how they work together, and the pros and cons of different modalities.
Sunday 1:00-3:00 p.m.

**Build a Rocket Mass Heater**
Uncle Mud and Family
See how you can turn a pile of old bricks and mud into a super-efficient wood-burning heater for your house or cabin.
Sunday 2:00-3:00 p.m.

**Introducing the TRX, the World’s First Tracked Zero-Turn Mower**
Altoz.com
When it comes to mowing, some places are just out of bounds. The pond edges. The ditches. The fields of overgrown grass. Until now. Do more... go further and mow the unmown with a TRX tracked zero-turn mower that adjusts to the changing terrain and conditions effortlessly.
Sunday 10:00-11:10 a.m. and Sunday 12:30-1:00 p.m.

**The Classic Edge outdoor wood furnace provides whole home comfort and peace of mind.**
For more information, call or visit the website:
800-248-4681
CentralBoiler.com

**Because all terrain is not the same.**
Creating Drought-Resilient Soil
Dale Strickler – Storey Publishing
For most of history, we have been at the mercy of drought, and still are, as evidenced by the drought of 2012 being among the costliest of environmental disasters in U.S. history. Our only response to drought has been either to complain or pray for rain. No longer! This presentation outlines effective actions you can take to create soils that capture and store more rainfall, and deeper root systems that extract more moisture from the soil.
Saturday 10:00-11:00 a.m.
Book Signing Saturday 11:00-11:30 a.m.

Natural Home Cleaning
Joanne Bauman – Prairie Magic Herbals
Learn all about inexpensive natural herbal home cleaners that are simple to make. Use herbs and hydroalcohol to scent instead of essential oils. Joanne Bauman leads the audience room by room with recipes for making natural dish soap, degreaser, sink and floor cleaners, carpet refreshers, detergent, and more.
Saturday 11:30-12:30 p.m.

Camp Skills from Your Homestead to the Backwoods That May Just Save Your Life!
Matt Stephens – Homestead Hustle
Matt Stephens takes audiences on a journey from the farm into the backcountry in this workshop. A homesteader's way of life is all about developing skills, and adapting them to different situations. Matt Stephens leads this adventure that takes skills from the home into the forest.
Saturday 3:30-4:30 p.m.

Durable and Beautiful Hair-On Hides
Dennis Biswell – MOTHER EARTH NEWS
Have you ever wanted to turn a deer skin into a beautiful throw for your home? Dennis Biswell reveals how to create durable hair-on leather from a wide range of animals, including deer, goats, raccoon, coyotes, and rabbits. Sharing how to do it all at home with a limited investment in tools and supplies, Biswell discusses his timetable for working tanning projects into a busy schedule. He also shows items he has created with his home-tanned hides.
Saturday 5:00-6:00 p.m.

Keeping Your Bees Alive
Frank Licata – Mann Lake
This workshop discusses the issues beekeepers face in keeping their bees alive and healthy through the seasons. It covers what the beekeeper needs to know and do in each season to build sustainability in their apiary. This presentation is sponsored by Mann Lake.
Saturday 2:00-3:00 p.m.

Gluten-Free Baking: Sorting facts from fiction
Victoria Redhed Miller – New Society Publishers
Despite all the information out there about gluten-free baking, many questions (and much confusion) still surrounds the subject. Victoria Redhed Miller, the author of From No-Knead to Sourdough, covers the facts about gluten, based on the most recent research and her own experience. Miller offers advice about improving the quality and nutrition of gluten-free breads, from her own recent kitchen experiments. She also discusses testing for celiac disease and gluten sensitivity, facts about modern wheat vs. ancient grains, and more.
Sunday 10:00-11:00 a.m.
Book Signing Saturday and Sunday 11:00-11:30 a.m.

Making Leather and Buckskin: Tanning at home
Dennis Biswell – MOTHER EARTH NEWS
Dennis Biswell shares his years of experience making beautiful hair-on leather hides, durable hair-off leather, and traditional buckskin. With a limited investment in tools and supplies, Biswell includes an overview of types of lighting as well as details on how to evaluate a grow light's potential performance (not only for plant growth, but also for energy use). Related topics covered include intracanopy lighting, supplemental carbon dioxide, and practical advice on how to set up grow lights for optimal use.
Sunday 2:00-3:00 p.m.

Beyond the Basics: Growing common and uncommon greens for exciting salads, braising greens, and more all year
Ira Wallace – Southern Exposure Seed Exchange
Fresh-picked salad greens are among the most rewarding vegetables a gardener can grow. Ira Wallace still grows a variety of lettuces year-round in her garden, but it’s the unusual greens that add so much diversity in taste, color, and texture.
Sunday 3:30-4:30 p.m.
Book Signing Sunday 12:30-1:00 p.m.

Horticultural Lighting
B.J. Miller – Happy Leaf LED
The way people grow food and medicinal plants with specialized lighting is changing rapidly, and B.J. Miller offers a wealth of knowledge and a passion for sharing that information. This presentation introduces the basics of how light affects plants, as well as anyone who uses commercial lighting for growing. Miller includes an overview of types of lighting as well as details on how to evaluate a grow light's potential performance (not only for plant growth, but also for energy use). Related topics covered include intracanopy lighting, supplemental carbon dioxide, and practical advice on how to set up grow lights for optimal use.
Sunday 2:00-3:00 p.m.

Wild Bills
OLDE FASHIONED SODA
FIND WILD BILL’S THIS WEEKEND TO GET YOUR OWN ECO-FRIENDLY, STAINLESS STEEL MOTHER EARTH NEWS FAIR MUGS!
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Deer Processing: Field-dressing and testing for chronic wasting disease  
Dennis Biswell – MOTHER EARTH NEWS  
Shane Hesting – Kansas Department of Wildlife, Parks, and Tourism  

Shane Hesting (Kansas Department of Wildlife, Parks, and Tourism – disease coordinator) and Dennis Biswell (MOTHER EARTH NEWS’ resident outdoorsman) show how simple it can be to field-dress a deer after a hunt, as well as how important and easy it is to test for chronic wasting disease (CWD). With their guidance, you and your family will have more peace of mind at the dinner table and be respecting the life of the animal by learning how to most effectively make use of the deer. Learn tips about skinning, caping, and more! This presentation is sponsored by Kansas Department of Wildlife, Parks, and Tourism.

Saturday 10:00-11:00 a.m.

Deer Processing: Breaking down the carcass  
Dennis Biswell – MOTHER EARTH NEWS  
Shane Hesting – Kansas Department of Wildlife, Parks, and Tourism  

Following up on their previous deer processing presentation, Shane Hesting and Dennis Biswell show you how to debone the animal after successfully field-dressing, skinning, and preparing to test for chronic wasting disease (CWD). Learn different approaches and techniques to fit your needs. This presentation is sponsored by Kansas Department of Wildlife, Parks, and Tourism.

Saturday 11:30-12:30 p.m.

Cleaning Fish  
David Breth – Kansas Department of Wildlife, Parks, and Tourism  

Learn the different approaches for cleaning scaled and nonscaled fish alike, including rough fish. Techniques include using traditional and electric file knives. This presentation is sponsored by Kansas Department of Wildlife, Parks, and Tourism.

Saturday 2:00-5:00 p.m.

Small-Engine Equipment: Basic maintenance and common repairs  
Victoria Redhed Miller – New Society Publishers  

The typical small farm or homestead uses a variety of small-engine equipment: chainsaws, mowers and trimmers, generators, compact tractors, and more. Victoria Redhed Miller, an Equipment & Engine Training Council (EETC)-certified small engine technician, provides a brief overview of types of small engines, important routine maintenance, and off-season storage.

Saturday 3:30-4:30 p.m.

Book Signing Saturday and Sunday 11:00-11:30 a.m.

Off-Grid Aquaponics  
Dan Chiras – The Evergreen Institute  

If built correctly, aquaponics greenhouses can be powered entirely by solar and wind energy. In this workshop, Dan Chiras explores ways to create off-grid aquaponics systems that power fans, pumps, and lights using solar and wind energy, and that provide heat through active and passive solar technologies.

Saturday 5:00-6:00 p.m.

Book Signing Saturday 11:00-11:30 a.m. and Sunday 12:30-1:00 p.m.

Women and the Need for Community  
Cyndi Ball – National Ladies Homestead Gathering  

Women represent the fastest-growing segment in agriculture today. Women’s active role in farming has tripled in the last three decades. Even so, there is a loneliness that often accompanies women who choose this career. They need community, a place where they can share new ideas, celebrate victories, address challenges, and cultivate relationships with like-minded women.

Sunday 10:00-11:00 a.m.

The Simple Life Guide to Financial Freedom: Free yourself from the chains of debt and find financial peace  
Gary Collins – The Simple Life  

Are you living paycheck to paycheck, and barely getting by? Gary Collins shows you how to look at money as the gateway to freedom, not the vehicle to buying things you cannot afford and do not need. He explains how most Americans have the potential to be millionaires if they implement some simple and rational spending habits. And he reveals how the American dream (your house) could actually be the American nightmare. Collins, author of the best-selling The Simple Life series, changes how people look at money forever and deconstructs the obstacles that keep them from living the life they want.

Sunday 11:30-12:30 p.m.

Book Signing Saturday 11:00-11:30 a.m. and Sunday 4:30-5:00 p.m.

How to Apply Beneficial Insects (and the Newest Innovations) to Control Insects, Diseases, and Weeds Naturally and Organically!  
Howard Garrett – Dirt Doctor  

Find out about successful insect, disease, and weed control programs that are natural and organic. Howard Garrett shows how to identify good and bad bugs, how to protect and work with beneficial insects, and what pest control products to use in certain situations. Diseases are even easier to manage, and Garrett shares successful disease controls. He also discusses weeds, weed control, and natural and organic weed control products.

Sunday 2:00-3:00 p.m.

Book Signing Sunday 3:00-3:30 p.m.

Growing Year-Round in an Earth-Sheltered Chinese Greenhouse and Tips to Make Any Greenhouse Winter-Savvy  
Dan Chiras – The Evergreen Institute  

Learn how to design and build an earth-sheltered greenhouse to grow warm- and cold-weather vegetables such as peppers and tomatoes throughout the winter using only solar energy. The Chinese greenhouse is a completely independent structure that allows you to grow warm-weather vegetables during the off-season: that is, through the late fall, winter, and early spring.

Sunday 3:30-4:30 p.m.

Book Signing Saturday 11:00-11:30 a.m. and Sunday 12:30-1:00 p.m.

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www.MotherEarthNewsFair.com
Edible Alliums for All Seasons: Onions, garlic, and more
Ira Wallace – Southern Exposure Seed Exchange
Deer resistant and dynamic, edible alliums provide color in the garden, attract pollinators, and add flavor to the table from the first showers of spring to the last leaves of fall (and through winter in the South). Learn which of them to start in spring and which are better planted in fall. Find out the right timing for seeds, plus hear tips and techniques for how to grow and use onions, chives, garlic scallions, leeks, and their kin where summers are hot and winters mild. Saturday 10:00-11:00 a.m.
Book Signing Sunday 12:30-1:00 p.m.

Say Yes to Indoor Gardening: The easy way to wonderful veggies in all four seasons
B.J. Miller – Happy Leaf LED
Learn how to grow a variety of great vegetables indoors, including tomatoes and strawberries! Advances in technology are making indoor gardening increasingly popular for beginners and experts alike. This presentation highlights the benefits of passive hydroponics, a method still new to many. Saturday 11:30-12:30 p.m.

Permaculture: How we fix it
Amber Lehman – Kansas Permaculture Institute
Our world faces many problems: environmental, social, and political. Permaculture offers a concrete way to solve them. The Kansas Permaculture Institute’s Amber Lehman looks into several case studies to show the breadth and effectiveness of taking this approach, and she also provides a brief overview of what permaculture design entails. Saturday 2:00-3:00 p.m.

Queenspotting: How to find the queen bee in your hives
Hilary Kearney – Girl Next Door Honey
Many new beekeepers struggle to find the queen bee in their hives. Hilary Kearney (creator of beekeeping business Girl Next Door Honey) explains why beekeepers should develop this important skill and shares her tips on how to locate elusive queens. Saturday 3:30-4:30 p.m.
Book Signing Saturday 4:30-5:00 p.m. and Sunday 12:30-1:00 p.m.

Growing Elderberry for Health and Profit
Terry Durham – River Hills Harvest
Learn about the past, present, and future of elderberry. River Hills Harvest has been promoting elderberry and training farmers and gardeners on how to grow them for more than a decade. This workshop includes samples, fun, and inspiration. Saturday 5:00-6:00 p.m.

Natural Beekeeping That Works
Leo Shanashkin – HorizontalHive.com
Keeping bees can be simpler than growing tomatoes. Learn the tested methods that allow you to add any number of hives to your farm or garden with minimal cost. Start with free local bees that are resilient and productive, choose a hive model that is bee-friendly and requires minimal management, and let the bees do the rest. Leo Shanashkin packs this visually rich presentation with practical information that you can easily apply in both rural and urban settings. Sunday 10:00-11:00 a.m.

Soil Health: How do you get it?
Cindy Thomas – Natural Resources Conservation Service, Soil Health Division
Learn the definition of soil health, the principles you must follow to achieve it, and the types of management you can employ to maintain it. Sunday 11:30-12:30 p.m.

Prairie Medicine Plants
Joanne Bauman – Prairie Magic Herbals
For countless generations, Native Americans and Plains settlers have used the plants around them for food and medicine. Share in the lore and medicinal uses of some of Joanne Bauman’s favorite healing plants. She aims to increase appreciation for these plants at a time when prairies and their biodiversity urgently need protection throughout the region. She also addresses sustainability and the ethical purchasing of native species to propagate. Sunday 2:00-3:00 p.m.

GROW UP! Elevate Your Garden Beds and Stop Being a Pain in Your Own Neck
Shawna Coronado – www.ShawnaCoronado.com
Since being diagnosed with osteoarthritis pain in 2015, Shawna Coronado has been learning tricks for how to reduce her chronic inflammatory pain while in the garden. In this workshop, she teaches all the smart tips she knows. She shows full-color photos featuring her extensive elevated bed gardens and teaches techniques on smart ways to grow at waist height. Learn how to grow a large volume of annual flowers, perennial plants, vegetables and herbs, and even succulents, all in a smaller space and while reducing stress on your joints and body. Stop being a pain in your own neck and back. Attend this class to get all the down low on growing up.
Sunday 3:30-4:30 p.m.
Book Signing Sunday 4:30-5:00 p.m.

HEIRLOOM GARDENER STAGE

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MOTHER EARTH NEWS FAIR 11
 HOME SEAT STAGE

**Simplify Your Homestead Plan**
Cyndi Ball – National Ladies Homestead Gathering
Are you overwhelmed by the myriad of choices in homesteading? Not sure where or how to get started? Or is the homesteading lifestyle taking more from your pocketbook than it’s providing for your pantry? This workshop provides a simple planning tool to help make your homesteading dreams a practical reality.
Saturday 10:00-11:00 a.m.

**Make More Money on Your Farm with Agritourism**
Matt Stephens – Homestead Hustle
It’s not just veggies anymore: There’s a growing agritourism in inviting people to your farm. Matt Stephens takes you through his years of working toward and dreaming about bringing people to his farmstead to share his love for natural farming and general farm fun.
Saturday 11:30-12:30 p.m.

**Homestead Business Panel**
The Homestead Hustle Bloggers
Homestead Hustlers discuss their hustles, chatting about lessons learned on the Homestead Hustle Blog.

**Simplify Your Homestead Plan**
Leo Sharashkin – HorizontalHive.com
Some honeys have confirmed medicinal benefits while others may be dangerous to consume. Get an in-depth understanding of how honey is produced today, and how to create truly wholesome, pollen-rich honeys with unique properties and flavors. Discover 30 ways in which artisan honey is different from commercial varieties, how to choose, and why organic honeys are not necessarily the best. Learn about other hive products (including honeycomb and bee milk), some of which you’ve probably never heard about before.
Saturday 3:30-4:30 p.m.

**Keeping Livestock Fed and Watered in a Drought**
Dale Strickler – Storey Publishing
Drought is the scariest word in the rancher’s vocabulary. The only recommended solutions to date have been to wean early (which reduces your paycheck for the year) or to sell off part of your herd of breeding females (which will reduce your paycheck for years to come). Neither of those options is very enticing, so all too often the action has been to do nothing, hope for rain, and abuse our pastures (which reduces productivity for years to come). This presentation provides real-world alternatives, and it shows you how to survive (and perhaps even thrive) when severe drought strikes your pastures.
Saturday 5:00-6:00 p.m.
Book Signing Saturday 11:00-11:30 a.m.

**Questions, Concerns, and Community with the Ladies Homestead Gathering**
National Ladies Homestead Gathering
Ever dream of sitting with a group of women who understand what it’s like to be a female farmer or homesteader? The National Ladies Homestead Gathering gets you, and they would love to share this time with you. Come together with other like-minded women to trade stories, ask questions, and relish being part of a community!
Sunday 2:00-3:00 p.m.

**Yards as Mini-Pastures: Turn your lawn into a meat and egg producer**
Patricia Foreman – The Gossamer Foundation
Family flocks have the potential to not only provide urban homesteaders with eggs and meat, but also to improve soil and provide bug (and weed) control for gardens. Understand a simple model for calculating how many birds you need each year for eggs, meat, and hatching eggs for the next generation. Learn how to estimate your birds’ requirements for feed, water, and shelter on small parcels of land. Gain insights into the techniques and advantages of rotational grazing on lawns.
Sunday 3:30-4:30 p.m.
Book Signing Saturday and Sunday 4:30-5:00 p.m.
**Wildlife Management Planning Assistance**

- Customize a property management plan to fit your goals.
- Find the optimum balance between production and wildlife.
- Receive financial assistance for wildlife habitat creation.
- Unlock your land's full wildlife potential.

**NEW THIS YEAR!**

- Fish identification and fishing information
- Demonstrations on extracting deer CWD samples for self testing.

**1-844 HAB-ASST**

or Visit

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<th>10:00–11:00 a.m.</th>
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<tr>
<td><strong>MOTHER EARTH NEWS Stage</strong> (Page 7)</td>
<td></td>
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<td>Break</td>
<td>Stacked with Flavor: How to build an anti-inflammatory meal plan</td>
<td>Gettineg Started with Biochar (Albert Bates)</td>
<td>Regenerative Gardening and Farming (Crystal Stevens)</td>
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<td>How to Grow and Use Lavender for Health and Beauty (Janice Cox)</td>
<td>How to Maintain Trees Using Cost-Effective Natural, Organic Techniques (Howard Garrett)</td>
<td>Biomass Heat and Sustainable Living (Lo Keppell)</td>
<td>Microbrewery: Using salvaged materials efficiently and safely (DeKlarkin)</td>
<td>Build Your Own Wood-Fired Pizza Oven from Dirt (Uncle Mud and Family)</td>
<td>Kids Can Build with Sticks and Mud (Uncle Mud and Family)</td>
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<tr>
<td><strong>Building and Energy Stage</strong> (Page 8)</td>
<td></td>
<td></td>
<td>Break</td>
<td>Cleaning Fish (David Breb)</td>
<td>Small-Engine Equipment: Basic maintenance (Victoria Redhed Miller)</td>
<td>Off-Grid Aquaponics (Dan Chiras)</td>
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<td>Break</td>
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<td>Homegrown Pork and Getting Ready for Backyard Pigs (Charlene Crouch)</td>
<td>Hopping for Fun and Profit with Heritage Rabbits (Calline and Eric Rapp)</td>
<td>Chickens Q&amp;A (The Livestock Conservancy)</td>
<td>Backyard Poultry Hatchery Production and Choosing the Right Genetics (Tony Halsted)</td>
<td>Getting a Feel for Goats (Gianacielo Caldwell)</td>
<td>Alpacas: The green livestock (Patty Hassebring)</td>
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<td>Livestock Conservancy Stage (Page 13)</td>
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<td>Decluttering Your Life (Gary Collins)</td>
<td>Demystifying DIY Skin Care (Marie Rayma)</td>
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<td>From No-Knead to Sourdough (Victoria Redhed Miller)</td>
<td>The Importance of Sugar in Balanced Health (Dawn Combs)</td>
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<td>Real Food Stage (Page 18)</td>
<td></td>
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<td>Break</td>
<td>Self-Sufficiency: Grow all your own food (Dan Chiras)</td>
<td>The Fundamentals of Smoking (Jake Levin)</td>
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<td>How to Make MMA (Reid Miller)</td>
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Hands-On & Extended Workshops (Page 6)

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<th>10:00–11:00 a.m.</th>
<th>11:30–12:30 p.m.</th>
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<td>DIY Magic Mozarella Session 1 (Gianaclis Caldwell)</td>
<td>Getting Started with a Drop Spindle (Deborah Niemann)</td>
<td>Easy Elderberry Syrup (Crystal Stevens and Terry Durham)</td>
<td>Natural Beauty from the Garden (Janice Cox)</td>
<td>DIY Foaming Hand Wash and Micellar Water (Marie Rayma)</td>
<td>Beginner’s Guide to Living Off the Grid (Gary Collins)</td>
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Space is limited! Purchase hands-on and extended workshop passes at the MOTHER EARTH NEWS FAIR bookstore, located in Landon Arena. See the map on Page 16.
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**STAGE NAME**

- **MOTHER EARTH NEWS Stage** (Page 7)
- **Building and Energy Stage** (Page 8)
- **Capper’s Farmer Stage** (Page 9)
- **Grit Stage** (Page 10)
- **Heirloom Gardener Stage** (Page 11)
- **Homestead Hustle Stage** (Page 12)
- **Livestock Conservancy Stage** (Page 13)
- **Mother Earth Living Stage** (Page 17)
- **Real Food Stage** (Page 18)
- **Kids’ Treehouse Stage** (Page 19)

**STAGE DETAILS**

- **DIY Magic Mozzarella Session 2**
- **Easy Anti-Inflammatory Snacks**
- **Make Your Own Sourdough Starter**
- **Hand-Stitching Leather Extended Workshop**

**Hands-On & Extended Workshops** (Page 6)

**STAGE HOURS**

- **SUNDAY SCHEDULE**
- **HOURS:** Sunday 9:00 a.m.–5:00 p.m.

**STAGE TIME**

- **10:00–11:00 a.m.**
- **11:30–12:30 p.m.**
- **1:00–2:00 p.m.**
- **2:00–4:30 p.m.**

**STAGE PASS**

- Space is limited! Purchase hands-on and extended workshop passes at the MOTHER EARTH NEWS FAIR bookstore, located in Landon Arena. See the map on Page 16.

**STAGE PASS INFORMATION**

- **www.MotherEarthNewsFair.com**
Home-based Businesses
Small entrepreneurial businesses that are individually- or family-owned and feature products or services that are produced and distributed from the home, homestead or family farm.
Decluttering Your Life
Gary Collins – The Simple Life
Overwhelmed with unnecessary stress and piles of useless stuff? Exhausted from chasing ill-fitting definitions of success? Struggling to manage your daily to-dos while failing to make progress on what truly matters? Discover how to ditch society’s expectations and live by your own rules. Author and digital nomad Gary Collins has thrived since taking walking away from a stable, unfulfilling job to build a joyful, debt-free, and off-the-grid lifestyle. Collins provides realistic solutions to guide you toward a genuinely happy life. With straightforward, no-nonsense advice, he demonstrates how to overcome crippling frustration to reorder your priorities. The path to your new purpose will help you once and for all usher in a healthier, better way of living.
Saturday 10:00-11:00 a.m.
Book Signing Saturday 11:00-11:30 a.m. and Sunday 4:30-5:00 p.m.

Demystifying DIY Skin Care
Marie Rayma – Humblebee & Me
Want to make your own skin care products, but not sure where to start? DIY skin care has exploded in popularity over the last few years, but it can be hard to know what will work, what’s good for your skin, and what ingredients to start with. In this talk, Marie Rayma teaches about how the skin functions and what it needs, which products you can easily create at home to nourish and strengthen your skin, and different ingredients you can use to create fabulous skin care products at home.
Saturday 11:30-12:30 p.m.
Book Signing Saturday 12:30-1:00 p.m. and Sunday 3:00-3:30 p.m.

Essential Oils, CBD, and Herbs for Wellness in 2019
Connie Jacoby – Wise Women Botanicals
This interactive seminar uses essential oils, herbal tinctures, and blending to maximize benefits and improve health and wellness. Bring questions and positivity. This presentation is sponsored by Wise Women Botanicals.
Saturday 2:00-3:00 p.m.

A Tiny Home to Call Your Own: Living well in just right houses
Patricia Foreman – The Cottager Foundation
You can have an attractive, upscale, quality-built tiny home that is artistically beautiful, highly marketable, and long-term profitable. Smaller homes can be more livable, cozy, enjoyable, and easy to clean with lower maintenance than big houses. But tiny and smaller homes are not for everyone. Learn why and what it takes to live in a small space to make room for a larger life. Explore the many uses of tiny homes and find out why more people are opting for less square footage in exchange for more time, freedom, and money.
Saturday 3:30-4:30 p.m.
Book Signing Saturday and Sunday 4:30-5:00 p.m.

The Skinny on Soapmaking
Deborah Niemann – New Society Publishers
Avoid unhealthy chemicals and the price of organic soap by making your own! Learn step-by-step how to make cold-process soap, how to choose carrier oils, the difference between fragrance and essential oils, and how to incorporate milk in your soap. Deborah Niemann talks about the equipment and ingredients needed. Hear about the history of soapmaking, how modern soapmaking is different, and how to create your own soap recipes. Find out how to make your own soap recipes using whatever oils you prefer.
Saturday 5:00-6:00 p.m.
Book Signing Saturday 6:00-6:30 p.m. and Sunday 3:00-3:30 p.m.

Garden Herbs and Flowers for Health and Beauty
Janice Cox – Natural Beauty at Home
Did you know geranium leaves are powerful antipressorants, or that lavender has antibacterial properties? Aloe vera is called the “first aid plant” and every household should have one. Discover new healthy uses for some of your favorite common garden plants. Janice Cox, author of the newly revised book Natural Beauty from the Garden, presents some of her favorite useful herbs and flowers for home beauty recipes and treatments. You don’t have to have a garden to enjoy many of these botanicals, herbs, and flowers; many are available at local markets and natural food stores. Bring the outdoors in and promote your own health, wellness, and natural beauty!
Sunday 10:00-11:00 a.m.
Book Signing Sunday 11:00-11:30 a.m.

Herbal Antivirals
Joanne Bauman – Prairie Magic Herbs
Gain an understanding of viruses, how they mutate and become resistant, and the infections they cause. Learn about herbal antivirals, growing them, preparations, and recommended dosages. Herbalist Joanne Bauman discusses influenza; respiratory viruses such as severe acute respiratory syndrome (SARS); mosquito-borne viruses such as encephalitis, West Nile, and Zika; tick-borne viruses; Epstein-Barr; herpes simplex; and shingles. Knowing more can also help you in a pandemic or emergency situation, or any situation in which you have limited or no access to pharmaceutical medicines.
Sunday 11:30-12:30 p.m.

Demystifying DIY Makeup
Marie Rayma – Humblebee & Me
Ever wanted to make your own makeup, but had no idea where to start? Begin here! Marie Rayma discusses different types of cosmetics (such as powders, creams, and liquids), what they’re made of, and how to make them at home. Learn about pure pigments, silky powders, rich butters, and other mineral- and plant-sourced ingredients, and how they can be transformed into high-performance eye shadows, lipsticks, foundation, and more at home.
Sunday 2:00-3:00 p.m.
Book Signing Saturday 12:30-1:00 p.m. and Sunday 3:00-3:30 p.m.

Homegrown Apothecary
Crystal Stevens – Thrive Permaculture Farm
Learn about more than 24 medicinal herbs that are easy to grow and harvesting to harvest. Find out how to stock your own herbal apothecary with simple recipes for tea blends, tinctures, herbal honey, and salves.
Sunday 3:30-4:30 p.m.
Book Signing Sunday 4:30-5:00 p.m.

MOTHER EARTH NEWS FAIR

MOTHER EARTH LIVING STAGE

INTERESTED IN BEEKEEPING?
WITH OUR FULL LINE OF HIVE KITS AND EXPERIENCED SALES TEAM, WE ARE HERE TO HELP YOU GET STARTED!

Mann Lake Ltd. is the industry’s leading manufacturer of quality beekeeping supplies. We carry a comprehensive line of hives and hive kits, tools, protective clothing, queen rearing equipment, beekeeping tools, tracheal mite controls and varroa mite controls, as well as honey extraction equipment and honey bottling supplies. No matter where you call home, we’ve got you covered!

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*Free shipping applies to most orders over $100 sent standard ground service within the lower 48 states.
From No-Knead to Sourdough: Finding your comfort zone with handmade bread
Victoria Redhed Miller – New Society Publishers
Making your own bread is easier than you might think, once you find your comfort zone and try it! The author of From No-Knead to Sourdough: A simpler approach to handmade bread covers the basic principles of breadmaking, with an overview of simple no-knead yeast breads, pre-ferments, and sourdough-based breads. You don’t need experience, fancy equipment, or expensive ingredients to make wonderful bread at home. This workshop includes a demonstration of basic techniques, a brief look at a hand-built wood-fired bread oven, as well as discussion on the importance of the tradition of home bread-making.
Saturday 10:00-11:00 a.m.
Book Signing Saturday and Sunday 11:00-11:30 a.m.

The Importance of Sugar in Balanced Health
Dawn Combs – Storey Publishing
Every bit of dietary advice tells us to cut out all forms of sugar, but is that really healthy? With so much being made about the evils of sugar, it’s difficult to find a middle ground. But there is one. This workshop explores which sugars are considered “natural,” which are problematic, and how to enjoy sweetness while avoiding the health problems that living a life without it can cause.
Saturday 11:30-12:30 p.m.
Book Signing Saturday 12:30-1:00 p.m.

Self-Sufficiency: Grow all your own food
Dana Chinas – The Evergreen Institute
You can produce nearly all of your own food in an outdoor garden, an indoor LED garden, and a four-season greenhouse. These strategies can be combined and work best if you learn how to put food up for the winter.
Saturday 2:00-3:00 p.m.
Book Signing Saturday 11:00-11:30 a.m. and Sunday 12:30-1:00 p.m.

The Fundamentals of Smoking
Jake Levin – The Roving Butcher
Butcher and charcuterie expert Jake Levin begins by giving a basic introduction that situates the process in its historical roots as a way of preserving meat. Levin explores the idea that, with some basic equipment and knowledge, anyone can produce high-quality smoked meats at home. Levin introduces various smoking techniques and basic tools and pieces of equipment needed to produce smoked meats at home. Hear about some of the smokers you can buy and various kinds you can make in your own backyard.
Saturday 3:30-4:30 p.m.
Book Signing Saturday 4:30-5:00 p.m.

Honey as a Medium for Medicine: Electuaries, oxymels, and more
Dawn Combs – Storey Publishing
Honey has long been rumored to be the best option for seasonal allergies, but did you know there’s much more to this sweet remedy? While it’s common to use alcohol, vinegar, or water to make Western medicines, honey has been used for centuries in other cultures, not as a sweetener, but as a synergistic base for traditional medicine.
Saturday 5:00 p.m.
Book Signing Saturday 4:30-5:00 p.m.

Aged Cheese: Making it easy
Gianaclis Caldwell – Pholia Farm Creamery
Aged cheese becomes common knowledge in homes and communities. Rediscover the power of knowing your source for poultry and eggs.
Sunday 11:30-12:30 p.m.
Book Signing Saturday and Sunday 4:30-5:00 p.m.

Smoked Sausage Production Demonstration
Jake Levin – The Roving Butcher
Make smoked sausage at home! Beginning with a brief history of the process, butcher and charcuterie expert Jake Levin explains what cuts of meat are best suited for sausage production and why. He demonstrates the best conditions for grinding meat and reveals how to achieve different textures. Learn how to decide what to include in sausage and what ratios to use for salt and other ingredients. Levin provides frameworks for coming up with original recipes, and he describes and demonstrates how to mix meat and spices.
Sunday 2:00-3:00 p.m.
Book Signing Saturday 4:30-5:00 p.m.

Anxiety, Stress & Pain Products
Wisewomenbotanicals.net  wisewomenbotanicals@yahoo.com

Therapeutic Grade Essential Oils & Blends
Medical Grade CBD Oils & Creams
Essential Oil Creams and Blends
Medical Grade Herbal Tinctures
Anxiety, Stress & Pain Products
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Wellness Screenings
Connie Jacoby, N.D., R.N.  660.263.1033
wisewomenbotanicals.net  wisewomenbotanicals@yahoo.com
Booth 2600
KIDS’ TREEHOUSE STAGE

Chick in Egg: The miracle of incubation and educating baby chicks
Patricia Foreman – The Gossamer Foundation
The journey from egg to chick is an awe-inspiring, educational, life-affirming event. This workshop covers the entire process of finding fertile eggs (even without a rooster) and selecting the most likely eggs to hatch. Understanding the embryo development that is happening inside the egg enables you to have better hatches. Hear about the egg-to-chick process: 21 days for replacement birds. Also learn about the critical first week of chick-hood, basic chick nutrition, and “chick-ability” (and why you must understand it as a life-or-death matter). This workshop’s great for home and school projects. Become an eggs-pert in Chickeneer incubation and baby chicks!
Saturday 10:00-11:00 a.m.
Book Signing Saturday and Sunday 4:30-5:00 p.m.

Making Soap Balls
Connie Jacoby – Wise Women Botanicals
Use your imagination to create fun shapes of soap with scents or no scent at all. Saturday 11:30-12:30 p.m.

Soil and Seeds, Sprouts to Success
Un-Included Club Youth Leaders
Learn about urban agriculture from the Un-Included Club Youth Leaders! They’re growing superfoods and using them to grow healthier. They showcase what they have learned, and you can see what they’re accomplishing with their knowledge.
Saturday 2:00-3:00 p.m.

Family Adventures in Gardening and Worm Farming
Crystal Stevens – Thrive Permaculture Farm
Learn how worms play a beneficial role in the soil and in food production. Discover the benefits of building a vermicompost bin in your garden. Learn all about worms in this hands-on family workshop.
Saturday 3:30-4:30 p.m.
Book Signing Sunday 4:30-5:00 p.m.

Kids Can Build with Sticks and Mud*
Uncle Mud and Family
Play in the mud with Uncle Mud and friends. Use clay, straw, and sticks to build little houses and sculpt beautiful objects from your wild imagination. This is a “hands-in” workshop: hands and feet squishing and mixing and making a big mess. Talk about how we can use these same materials to build benches, ovens, and even houses. You can use the water at this workshop to wash off with, but be prepared to get dirty and have fun.
Saturday 5:00-6:00 p.m.
*Located at Building and Energy Stage

Basic Homestead Knot Tying
Matt Stephens – Homestead Hustle
Bind it tight, bundle it up, and keep it secure. Matt Stephens shows what knots to use and where to use them. Should you use braided or twisted? Should you use cotton, nylon, sisal, or poly? Learn which cordage to use in different situations, depending on actual workloads. Practice tying functional homestead knots for your next project and take your example home.
Sunday 10:00-11:00 a.m.

Soil Layer Dessert
Un-Included Club Youth Leaders
Learn about the soil layers in the most delicious way. Kids can use ingredients to create a sweet treat that resembles the layers, including green coconut for the grass!
Sunday 11:30-12:30 p.m.

Nutrition Education: The apple crunch off
Barb Depew – Kansas State Department of Education
Did you know October is Farm to Plate Month? It’s an occasion to encourage healthy eating, support local agriculture, and help students and community members gain a deeper understanding of the food system. Celebrate the month with Barb Depew, the Kansas State Department of Education’s Farm to Plate director! In this workshop, she engages children and families in fun apple-themed activities.
Sunday 2:00-3:00 p.m.

Scented Play Dough
Janice Cox – Natural Beauty at Home
Mix up some fun with Janice Cox! Knead herbs into a nontoxic play dough in this creative and calming workshop.
Sunday 3:30-4:30 p.m.
Book Signing Sunday 11:00-11:30 a.m.

Meet the Animals!
The Mother Earth News Fair offers you a great experience to interact with a variety of livestock.

Head to the Domer Livestock Arena to visit with our exhibitors displaying animals from their farms.

See map on Page 16.
Archibowls
Colorado West-Mex meets Midwestern comfort in our dedicated gluten free kitchen. We use only free range and pasture raised meat and dairy products. The result is delicious, healthy, hearty meals like our tamale pie. When you eat here you’re not just eating good, you’re doing good.

BBQ’s Roll N Smoke
BBQ’s Roll N Smoke offers delicious smoked meats, homemade barbecue sauce, and friendly service. Their menu includes jumbo turkey legs, brisket, pulled pork, sausages, hot dog, chips, potato salad, salad, baked beans, and fries.

Becky’s Bierocks
Bierocks are sandwiches that have a filling of meat, cabbage, onion, and other spices, encased in a yeast dough shell. Fresh vegetables and lean meats are used in all products. The dough and meat fillings are made fresh each day prior to assembling the product. Becky’s Bierocks also sells chips and homemade cinnamon rolls.

Dry Creek Buffalo Co. Chuck Wagon
Stop by the chuck wagon for buffalo burgers, bison chili, loaded bison nachos, bison brisket, tacos, fries, loaded baked potatoes, and smoky mac and cheese.

Oz Highland Farm
Oz Highland Farm sells a variety of food: Scottish Highland Beef, rib-eye steak sandwiches, 1/3-pound steakburgers, Haggis and Mash-Bangers, mashhaggis, pup-banger sausage, mac and cheese, Oz dogs, sides, and drinks.

Paydro & Lena’s Catering
Paydro & Lena’s Catering has been serving delicious, wholesome, homemade Mexican, American, and Italian foods at family-friendly prices to northeastern Kansas for the past 15 years!

S&B BBQ
Serving Fine BBQ! Bringing smiles for miles!

See map on page 16.
ANIMAL HUSBANDRY

Are Alpacas for You? – Booth #4102
Havencroft Farm
This demonstration focuses on alpaca care, their unique characteristics, and requirements for successful alpaca farming. The exhibitor discusses space needs for alpacas, whether they should be combined with other livestock, and the end use of alpacas.
Saturday and Sunday 10:00 a.m., 12:00 p.m., 2:00 p.m. & 4:00 p.m.

How to Move Bovine Animals – Booth #4201
Gladhour Farm
Gladhour Farm demonstrates different ways to move bovine animals. Methods shown may include using body pressure or employing halters.
Saturday and Sunday at 11:00 a.m.

Pygora Goat Shearing Demonstration and Fiber Prep – Booth #2403
Pygora Breeders Association
Over the course of the weekend, the Pygora Breeders Association demonstrates shearing, fleece prep, and spinning. See a display of finished products made from the Pygora goat fibers.
Ongoing

Raising Rare Breed Jacob Sheep – Booth #4106
Havencroft Farm
Rare breed American Jacob Sheep make a good addition to many homestead operations. With their black-and-white-spotted fleeces and multiple horns, they’re uniquely beautiful. These small sheep produce wool that is valued by handspinners, good-flavored lamb on grass and browse, and highly marketable pelts. Havencroft Farm, which has been raising the sheep since 2002, leads this hourlong demonstration.
Saturday 1:00 p.m. and Sunday 4:00 p.m.

Sample Collections – Booth #4105
St. Croix Hair Sheep International Association
Learn about FAMACHA testing, detecting anemia and parasites in all breeds of sheep, and collecting fleece samples in St. Croix Hair Sheep for fiber art.
Ongoing

Working Border Collies and Goats – Booth #5850
Barnyard Wool Warrior
See how Barnyard Wool Warriors moves goats for custom grazing using their team of working Border Collies.
Ongoing

FIBER

Learn Where to Take Wool Samples – Booth #4201
Gladhour Farm
Using live sheep, this exhibitor shows outlookers the area that labs recommend for taking wool samples.
Saturday and Sunday 1:30 p.m.

Karakul Wool: Basic felting – Booth #4104
J Kambar Farm
Create felt balls from dyed and naturally colored karakul wool.
Ongoing

Spinning and Felting Karakul Fiber – Booth #4104
J Kambar Farm
Spinner Gloria Geyer demonstrates hand-spinning karakul wool on her wheel. Also, try your hand at basic felting. Create felt balls from dyed and naturally colored karakul wool.
Ongoing

Spinning Yarn from Raw Wool – Booth #4106
Havencroft Farm
Learn how to spin the yarn you want to use in your fiber arts project. Using wool directly from Havencroft Farm’s Jacob Sheep flock, Jeanette Larson demonstrates how to spin on a drop spindle, treadle wheel, and electric spinning wheel. This one-hour demonstration offers you a chance to get hands-on with wool from this rare breed.
Saturday 10:00 a.m. and Sunday 1:00 p.m.

ARE YOU LACKING MINERALS? – Booth #3139
CC Silver
Test the strength or balance test, using Frequency Modified Water, to see if it’s mineral can help you. The minerals include silver, gold, platinum, and copper.
Ongoing

DIY for Salad Seasoning and Natural Soothing – Booth #1215
Natural Grocers
Find out how easy DIY can be with two fun Make ‘N’ Take Projects! On Saturday, take home a DIY Ranch Seasoning sample (featuring organic herbs and spices). On Sunday, refresh with a DIY Magnesium Lotion sample after an eventful day at the FAIR!
Ongoing

SWEET REMEDIES – Booth #1505
Endless Remedies
Try Massage Insoles and immediately feel the difference and benefits! These insoles fit shoes, boots, and even sandals.
Ongoing

NATURAL HEALTH

Blacksmithing – Booth #3201
Missouri School of Blacksmithing
See the wide array of the works that blacksmiths produce, from their own tools (hammers, chisels, and tongs) to hardware and sculptures. This exhibitor demonstrates this art and trade using a coal forge and traditional hand tools.
Ongoing

Gutter Protection Perfection – Booth #1611
LeafFilter Gutter Protection
LeafFilter keeps everything out, but lets all the water in. Eliminate the need to clean your gutters forever!
Ongoing

Making a Cobweb Broom – Booth #4106
Havencroft Farm
During this hourlong demonstration, brounsquire Shawn Hofer makes and demonstrates the use of his second favorite broom: the cobwebber. This broom is made from craft crombrook bound to a natural handle with twine. It’s an easy broom to learn to make and a lot of fun to use.
Saturday 4:00 p.m. and Sunday 1:00 p.m.

Making a Traditional Turkey Wing Broom – Booth #4106
Havencroft Farm
See a national award-winning brounsquire use a homemade foot reel and nylon twine to make a traditional turkey wing whisk broom. (Other twines can be used to do the same.) Hear a discussion of the materials and the process. These hourlong demonstrations are always loaded with lots of information (and the occasional bad joke).
Saturday 11:30 and Sunday 10:00 a.m.

Power Bench Demonstrations – Booth #4118
Lee Unlimited Power Bench
See the easier way to get things done faster on your building projects and more. Find out what makes the Power Bench an awesome workbench.
Ongoing

Rainwater Harvesting – Booth #1611
LeafFilter Gutter Protection
End gutter cleaning forever with LeafFilter. Find out how to use gutter protection as a pre-filtration system for harvesting the highest-quality rainwater.
Ongoing

MODERN HOMESTEADING

ORGANIC GARDENING

Learn How to Extract and Self-Submit Samples for Chronic Wasting Disease (CWD) Testing in Deer – Booth #1208
Kansas Department of Wildlife, Parks, and Tourism
Find out how to locate and extract lymph nodes from deer for chronic wasting disease (CWD) testing. The Kansas Department of Wildlife, Parks, and Tourism also covers how to handle and submit samples for self-testing.
Saturday 12:00 p.m., 1:00 p.m. and 2:00 p.m.

Soil Blocking and Seed Starting – Bookstore
Mother Earth News Fair Bookstore
Discover how beneficial and easy starting your own seeds at home with soil blocker tools can be! Mother Earth News and gardening expert Shwana Coronado provide you with the tools and know-how to save money, grow your favorite varieties from seed, start transplanting, and take control. Get your hands dirty, learn about soil mixtures, and see how efficient and simple soil blocking can be.
Saturday 10:30-11:30 a.m.
Air Head Composting Toilet
Booth #1615
www.airheadtoilet.com

American Guinea Hog Association
Booth #4206
www.guineahogs.org

Archibowls
Food Court
www.archbowlslawrence.com

Bailey’s
Booth #3102
www.baileysonline.com

Barnyard Weed Warriors
Booth #5850
www.barnyardweedwarriors.com

BBQ’s Roll’n Smoke
Food Court

Becky’s Bierocks
Food Court
www.beckysbierocks.com

Blue Wave Tech
Booth #1308, 2308
www.healthmateforever.com

CC Silver
Booth #1319
www.ccsilverllc.com

Central Boiler – Associate Sponsor
Booth #1117
www.centralboiler.com

Champion Window
Booth #1609
www.championwindow.com/Topeka

Clyde’s Garden Planner
Booth #1312

Cutco
Booth #1817
www.cutco.com

Detroit Torch
Booth #1617
www.detroittorch.com

Dry Creek Buffalo Chuck Wagon
Food Court

Edward Jones
Booth #1213
www.edwardjones.com

EMP Shield
Booth #1111
www.empshield.com

Evergreen Naturalworks
Booth #2209
www.evergreennaturalworks.com

Farm2Fork Ranch
Booth #4502

Fire Me Up Ceramics & Fine Art Studio
Booth #1400

FK Knives
Booth #1300
www.fkknives.com

Free State Oils – Associate Sponsor
Booth #2508
www.freestateoils.com

Frontier Co-op
Booth #1211
www.frontiercoop.com

Garden Charms
Booth #1318
www.garden-charms.com

Glaucoma Farm
Booth #4201
www.glaucomafarm.com

Glenna Cain Face Painting
Booth #1006
www.visitgreensburgks.com

Greensburg Kansas
Booth #1512

Gypsies Baskets
Booth #3103

Hadley Home and Farm
Booth #2006
www.timhadley.realtor

Hague Quality Water
Booth #1317
www.haguewater.com

Halverson Wood Products
Booth #4700
www.halversonwoodproducts.com

Happy Hollow Wood Goods
Booth #1612
www.happyhollowwoodgoods.com

Happy Leaf
Booth #2208
www.happyleafed.com

Hasselbring’s Harmony Ranch/Suri Alpacas
Booth #4102
www.hasselbringsharmonyranch.com

Havencroft Farm
Booth #4106
www.havencroftfarm.com

Hawaiian Moon
Booth #2107
www.aloecream.biz

Hidden Hill Farms of Kansas
Booth #1100
www.hiddenhillfarms.com

Hoover’s Hatchery – Associate Sponsor
Booth #2200
www.hoovershatchery.com

Horizontal Hive
Booth #1607
www.horizontalhive.com

Ironwood Tools
Booth #1517
www.ironwoodtools.com

J Kambar Farm
Booth #4104

Jord Producers
Booth #1101
www.jordproducers.com

Kansas Department of Wildlife, Parks, & Tourism – Contributing Sponsor
Booth #1208
www.koutdoors.com/private-lands

Kansas Farmers Union
Booth #1508
www.kansascustomersunion.org

Kansas! Magazine – Supporting Partner
Booth #1003
www.travelks.com/ks-mag

Kansas Permaculture Institute – Supporting Partner
Booth #2301
www.kanzaspermaculture.org

Kansas Rural Center – Supporting Partner
Booth #1002
www.kansasruralcenter.org

Kansas Wheat Weavers
Booth #1601

Kaw Valley Woodcarvers
Booth #1001
www.kawvalleywoodcarvers.org

Kinder Goat Breeders Association
Booth #4200
www.kindergoatbreeders.com

Kitchen Craft
Booth #2007
www.kitchencraftcookware.com

LeafFilter Gutter Protection
Booth #1611
www.leaffilter.com

Lee Unlimited Power Bench
Booth #1418
www.powerbench.com

Lucky George Farm
Booth #4100
www.luckygeorgefarm.com

Mann Lake – Contributing Sponsor
Booth #1108
www.mannlakedl.com

Massaging Insoles
Booth #1505
www.hammershealthstore.com

Merry Cranks
Booth #1004

Milo’s Tea Company
Booth #2602
www.drinkmillos.com

Missouri School of Blacksmithing
Booth #3201

Mother Earth News Network – Supporting Partner
Booth #1005
www.mothereartheans.com/podcast

Morning Light Kombucha
Booth #1618
www.morninglightkombucha.com

National Ladies Homestead Gathering – Supporting Partner
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Natural Grocers
Booth #1215
www.naturalgrocers.com

Nebraska Freedom Farms
Booth #1917
www.facebook.com/nebraskafreedomfarmslincoln

New Society Publishers – Supporting Partner
Booth #2401
www.newsociety.com

Next to Nature Farm
Booth #1500
www.nexttonaturefarm.com

Norwex
Booth #1507
www.joanbryansamuell.norwex.biz

NuSound Hearing & Tinnitus Center
Booth #2101
www.nusoundhearing.com

OZ Highland Farm
Food Court
www.ozhighlandfarm.com

Paradise Ranch Pack Goats
Booth #4501

Parson’s Prairie Farm
Booth #1412
www.naturalfiberfarm.com

Paydro & Lena’s Catering
Food Court

Potato Bags and more
Booth #1408

Purefire Tactical
Booth #1212
www.purefretactical.com

Pygora Breeders Association
Booth #4203

Real Time Pain Relief
Booth #1511

Red Bud Farm
Booth #1818
www.red-bud-farm.com

Redneck Fire
Booth #1203

Reinke Shakes
Booth #2606
www.reinkeashes.com

Relax Saunas
Booth #1115

Renee’s LIVE Coconut Crème Desserts
Booth #2100
www.reneeslive.com

River Hills Harvest
Booth #1113
www.riverhillsharvest.com

Riverwood Trading Co.
Booth #2004
www.riverwoodtradingco.com

Rustic Sunflower Apparel
Booth #2104
www.etsy.com/shop/RusticSunflowerAppr

S&B BBQ
Food Court

Sacred Leaf
Booth #1511
www.sacredleaf.com
SAVE Golden Prairie Honey Farm  
Booth #2003  
www.goldenprairiehoney.com

Sawyer’s Choice  
Booth# 3100  
www.sawyerchoice.com

Shinnova Solar  
Booth #1417  
www.shinnova.solar

Shawnee County Master Gardeners – Supporting Partner  
Booth #2110  
www.shawnee.k-state.edu/extension-master-gardener.html

Sierra Club  
Booth #1200  
www.sierraclub.org/about

Skinner’s Garden Store  
Booth #1717  
www.skinnergardenstore.com

Softub  
Booth# 1619  
www.softub.com

Southern Exposure Seed Exchange – Supporting Partner  
Booth #1008

Spiritus Vitae Botanicals  
Booth #1303  
www.spiritusvitaebotanicals.com

St. Croix Hair Sheep International Association  
Booth #4105  
www.stcroixhairsheep.org

Styling Skin Care  
Booth #1313

Superior Sleep – Associate Sponsor  
Booth #1205  
www.supsleep.com

Tarwater Farm & Home  
Booth #2400  
www.tarwaters.com

Texas Organic Research Center – Supporting Partner  
Booth #2201  
www.texasorganicresearchcenter.org

The Livestock Conservancy – Supporting Partner  
Booth #4116  
www.livestockconservancy.org

The Tasteful Olive  
Booth #2109  
www.thetastefulolive.com

Tower Garden/Juice Plus  
Booth #1506  
sv.towergarden.com

U-Roast-Em  
Booth #2309  
www.u-roast-em.com

Udderly Naked  
Booth #2000  
www.udderlynaked.com

Ultimate Outdoor Furnace – Associate Sponsor  
Booth #3104  
www.ultimateoutdoorfurnace.com

Uncle Mud – Supporting Partner  
Booth #4800  
www.unclemud.com

Un- Included Club – Supporting Partner  
Booth #1600  
www.unincluded.org

Urban Kettle  
Booth #3000

Watkins Products  
Booth #2002  
www.respectedhomebusiness.com/81438

WBWC Personal Infrared Saunas  
Booth #2603  
www.pisauna.com

Weston A. Price  
Booth #2408  
www.westonaprice.org

White Harvest Seed  
Booth #1305  
www.whiteharvestseed.com

Wild Alive Ferments  
Booth #1112  
www.wildaliveferments.com

Wild Bill’s – Associate Sponsor  
Booth #1105  
www.wildbillsoda.com

Wise Women Botanicals – Contributing Sponsor  
Booth #2600  
www.wisewomenbotanicals.net

Wood-Mizer  
Booth #3200  
www.woodmizer.com

Yummylicious Cookies  
Booth #1415  
www.yummyliciouscookies.com

EXHIBITORS

EXHIBITORS BY LOCATION

EXHIBITION HALL

1001  
Kaw Valley Woodcarvers

1002  
Kansas Rural Center

1003  
Kansas Magazine

1004  
Merry Cranks

1005  
Mother Earth News Network

1006  
Glenna Cain Face Painting and Spin Art

1007  
Southern Exposure Seed Exchange

1100  
Hidden Hill Farms of Kansas

1101  
Jord Producers

1105  
Wild Bill’s

1108  
Mann Lake

1111  
EMP Shield

1112  
Wild Alive Ferments

1113  
River Hills Harvest

1115  
Relax Saunas

1117  
Central Boiler

1200  
Siesta Club

1203  
Redneck Fire

1205  
Superior Sheep

1208  
Kansas Department of Wildlife, Parks, & Tourism

1211  
Frontier Co-op

1212  
Purefibre Tactical

1213  
Edward Jones

1215  
Natural Grocers

1300  
FK Knives

1303  
Spiritus Vitae Botanicals

1305  
White Harvest Seed

1308  
Blue Wave Tech

1311  
Sacred Leaf

1312  
Clyde’s Garden Planner

1313  
Styling Skin Care

1317  
Hague Quality Water

1318  
Garden Charms

1319  
CC Silver

1400  
Fire Me Up Ceramics & Fine Art Studio

1408  
Potato Bags and more

1412  
Parson’s Prairie Farm

1415  
Yummylicious Cookies

1417  
Spiritus Vitae Botanicals

1418  
Lee Unlimited Power Bench

1500  
Next to Nature Farm

1505  
Massageing Insoles

1506  
Tower Garden/Juice Plus

1507  
Norwest

1508  
Kansas Farmers Union

1511  
Real Time Pain Relief

1512  
Greensburg Kansas

1517  
Ironwood Tools

1600  
Un- Included Club

1601  
Kansas Wheat Weavers

1607  
Horizontal Hive

1609  
Champion Window

1611  
LeafFilter Gutter Protection

1612  
Happy Hollow Wood Goods

1615  
Air Head Composting Toilet

1617  
Detroit Torch

1618  
Morning Light Kombucha

1700  
Softub

1707  
Skinners Garden Store

1717  
Curco

1817  
Red Bud Farm

1818  
Nebraska Freedom Farms

LADOWEN ARENA

2000  
Udderly Naked

2002  
Watkins Products

2003  
SAVE Golden Prairie Honey Farm

2004  
Riverwood Trading Co.

2006  
Hadley Home and Farm

2007  
Kitchen Craft

2010  
Renee’s LIVé Coconut Crème Desserts

2101  
NuSound Hearing & Tinnitus Center

2104  
Rustic Sunflower Apparel

2107  
Hawaiian Moon

2109  
The Tasteful Olive

2110  
Shawnee County Master Gardeners

2200  
Hoofer’s Hatchery

2201  
Texas Organic Research Center

2208  
Happy Leaf

2209  
Evergreen Naturalworks

2301  
Kansas Permaculture Institute

2308  
Blue Wave Tech

2309  
U-Roast-Em

2400  
Tarwater Farm & Home

2401  
New Society Publishers

2408  
Weston A. Price

2501  
National Ladies Homestead Gathering

2508  
Free State Oils

2600  
Wisconsin Women’s Organizations

2602  
Mile’s Tea Company

2603  
WBWC Personal Infrared Saunas

2606  
Reindeer Shakes

OUTSIDE

3000  
Urban Kettle

3100  
Sawyer’s Choice

3102  
Bailey’s

3103  
Gypsiess Baskets

3104  
Ultimate Outdoor Furnace

3200  
Wood-Mizer

3201  
Missouri School of Blacksmithing

DOMER LIVESTOCK ARENA

4100  
Lucky George Farm

4102  
Huselbring’s Harmony Ranch/ Suri Alpacas

4104  
J Kambarr Farm

4105  
St. Croix Hair Sheep International Association

4106  
Havencroft Farm

4116  
The Livestock Conservancy

4200  
Kinder Goat Breeders Association

4201  
Gladhour Farm

4203  
Pygora Breeders Association

4206  
American Guinea Hog Association

4501  
Paradise Ranch Pack Goats

4502  
FARM/Zork Ranch

4700  
Halverson Wood Products

4800  
Uncle Mud

5850  
Barnyard Weed Warriors

FOOD COURT

Archibowls  
BBQ’s Roll’n Smoke

Becky’s Bierocks  
Dry Creek Buffalo Chuck Wagon

OZ Highlands Farm  
Paydro & Lena’s Catering

S&B BBQ
Stop by booth #1205 and take advantage of our show special! www.supersleep.com 866-566-0008

Booth #3104

Therapeutic Grade Essential Oils & Blends
Essential Oil Creams and Blends
Anxiety, Stress & Pain Products
All Natural Skin Care Products

Booth 2600
10% OFF WITH THIS AD

Roast your own coffee
Booth #2309
Roasting Demos on the Hour

“Specialty Grade” Arabica green coffee beans and home roasters
FREE beans with each roaster
FREE shipping on orders over $50, plus 5% discount over $200 at www.u-roast-em.com

Welcome to the MOTHER EARTH NEWS and Friends Podcast, where we discuss sustainability that mixes homegrown practices with modern practicality.

TOPICS INCLUDE:
• Craft Distilling
• Profit as a Homesteader
• Favorite Medicinal Plants
• Succession Gardening
• Get to Know Goats
• Beginning with Chickens
• Kefir and Kombucha
• Charcuterie in the City

Listen and learn at www.MotherEarthNews.com/Podcast
Look for These Great Products in the Bookstore!

6-TRAY DIGITAL DEHYDRATOR
Dry the season's harvest for long-term preservation and snacking. Ideal for jerky, banana chips, fruit rollups, dried herbs, and more. Includes one netting sheet for drying herbs, seeds, and other small food items. Also features six 10-inch-by-12¾-inch trays, a 48-hour timer with auto shut-off, an adjustable thermostat (100 to 160 degrees Fahrenheit), a digital display, and more. #8854

THE BEGINNER'S GUIDE TO LIVING OFF THE GRID
This workbook is the companion guide to Gary Collins' Living Off the Grid. Filled with helpful checklists and worksheets, it guides you toward identifying an ideal off-the-grid setup that suits your budget and desires, so you can begin living the life you want. From decluttering to budgeting, this guide covers it all. #9303

STACKED WITH FLAVOR
In Stacked with Flavor, author Shawna Coronado shares what she has learned trying culinary solutions to deal with chronic pain: cooking methods to add over-the-top flavor to nutritious yet everyday foods; delicious recipes that maximize the advantage of herbs and spices; and tips and meal plans to start on the journey to better health. #9490

SOIL BLOCKERS SET
This Soil Blocker Set is the perfect way to eliminate plastic while starting seeds. Create perfect soil blocks for starting seeds inside with the Micro 20, and then when you're ready to move them outside, switch to the Mini 4. Both are included in this set, along with cubic inserts for the Mini 4. #9064

MASONTOPS COMPLETE FERMENTATION KIT - WIDE MOUTH
A perfect gift for anyone getting started with fermenting, this kit includes the all-natural, specifically designed Pickle Packer, four Pickle Pipes to screw onto your wide-mouth jars, and four glass Pickle Pebbles to weigh down your ferments. #8446

MOTHER EARTH NEWS FAIR T-SHIRTS
Celebrate sustainable living with your own MOTHER EARTH NEWS T-shirt. Capturing the spirit of the FAIR, the shirts are olive green with the MOTHER EARTH NEWS FAIR logo on the front. Collect one for each year—the T-shirts are customized for 2019. #9231-9241

Meet Your Favorite Authors at the Bookstore! See book signing schedule on page 28.

Check out other great books and products at www.MotherEarthNews.com/Store
RAISE BACKYARD BEES

Mother Earth News has joined in the fight to save the honeybee and other pollinators, and in these pages you will find advice, tips, and personal experiences from novice to expert beekeepers. Learn how to build beehives, gather a swarm, breed queen bees, harvest honey, and more.

#9039

PICKLED TO PLEASE

If you’ve been considering canning your own pickled products, Pickled to Please is perfect for you! Author Tamika Adjemian has put together a well-rounded collection of methods and recipes for your first foray into canning that will make it easier than ever.

#9505

SWEET REMEDIES

Taking medicine just got a whole lot sweeter! When honey, well known for its healing properties, is infused with the additional benefits of medicinal herbs and fruits, it becomes a tasty way to turn natural remedies into a treat. Author Dawn Combs makes these traditional herbal honeys (called “electuaries”) and has created her own formulations for addressing a variety of common health ailments. With Sweet Remedies, you’ll learn her methods for making electuaries in your home kitchen!

#8885

A TINY HOME TO CALL YOUR OWN, 2ND EDITION

If you feel like you’re living in an expensive, ill-fitting home with too much stuff, a tiny home might be for you. In A Tiny Home to Call Your Own, tiny house guru Pat Foreman examines the hows and whys of tiny-home living, to help you assess whether it’s the right solution for you.

#9607

KILNER BUTTER CHURNER

The Kilner butter churner offers the easy way to make homemade butter. Simply place heavy whipping cream into the churner, turn the handle, and in as little as 10 minutes you can enjoy fresh and delicious butter.

#8994

EATING ON THE RUN

Eating on the Run will equip you with a working knowledge of dozens of readily harvested plants, grasses, nuts, and berries that require the least, if any, preparation. You will learn how to distinguish safe plants from toxic varieties, which parts of the plants are edible and when, and where abundant supplies are likely to be in each season. If you’re looking to build your survival pantry, this is the book for you!

#8994

NATURAL BEAUTY FOR ALL SEASONS, 2ND EDITION

In Natural Beauty for All Seasons, natural beauty expert Janice Cox walks readers through 250 body, bath, and hair care recipes that they can make on their own during each season! Plus, an introductory section reveals what equipment is necessary and where needed ingredients can easily be found. Whether it’s making a face mask in the summer or a toner in the fall, this book has you covered!

#9386

GUIDE TO CBD OIL

With the Mother Earth Living Guide to CBD Oil, you’ll discover the history of hemp, the science of CBD, and the natural ways you can use it to lead a healthy lifestyle. Pulling from a panel of experts, this guide dives deep into the myths and facts surrounding CBD, teaches versatile ways to use the hemp plant, and even explains how to add hemp seed food into your diet.

#9626

Check out other great books and products at www.MotherEarthNews.com/Store
GUERRILLA GARDENING
The ability to feed oneself efficiently and discreetly under varying conditions could prove extremely valuable in a situation where food is scarce. In Guerrilla Gardening, you’ll learn to prepare your pantry for a food shortage by acquiring such skills as choosing appropriate and compatible crops, growing foods without soil or sunshine, and more!

52 HOMESTEAD SKILLS
From Mother Earth News, 52 Homestead Skills follows homesteader Kimberlee Bastien as she learns one homesteading skill per week over the course of an entire year. The book details all of Bastien’s adventures, from building a beehive and becoming a beekeeper to creating her own laundry and dish soap. Whether you already live on a homestead, are transitioning onto one, or are only thinking about it, 52 Homestead Skills will help turn your dreams into a life worth living.

MOZZARELLA & RICOTTA DIY CHEESE KIT
A perfect DIY gift! Complete with instructions, cheesecloth, a glass dairy thermometer, vegetarian rennet tablets, citric acid, and pure flake salt, this kit allows for at least eight batches of cheese. Just add a gallon of milk and have some fun!

KOMBUCHA BREW NOW JAR KIT
Get everything you need to brew your own kombucha today with the Kombucha Brew Now Kit! The kit comes with one organic SCoby kombucha culture, strong starter liquid, Hannah’s Special Tea Blend, reusable muslin tea bags, organic evaporated cane juice sugar, an upcycled cotton cloth cover and rubber band, and an e-guide with batch brew and continuous brew instructions.

BEE’S WRAP 3-PACK
For those who want to ditch the plastic wrap! Wrap cheese, vegetables, bread, and more with these reusable, all-natural food storage alternatives. Made of beeswax, organic cotton, organic jojoba oil, and tree resin. Also available in different sizes and colors on our website. Makes a great gift!

GROW CREATE INSPIRE
Grow Create Inspire is a comprehensive guide to creating a beautiful, regenerative, and deeply satisfying life, covering everything from basic and more advanced growing tips, preparing and preserving the harvest, and generally greening those aspects of life that bring about happiness, including food, art, music, beauty, and time in nature.

Check out other great books and products at www.MotherEarthNews.com/Store
BOOK SIGNING SCHEDULE

SATURDAY

11:00-11:30 a.m.  Dan Chiras, Gary Collins, Victoria Redhed Miller, Dale Strickler
12:30-1:00 p.m.  Dawn Combs, Callene and Eric Rapp, Marie Rayma
3:00-3:30 p.m.  Deek Diedricksen
4:30-5:00 p.m.  Albert Bates, Gianaclis Caldwell, Patricia Foreman, Hilary Kearney, Jake Levin
6:00-6:30 p.m.  Deborah Niemann

SUNDAY

11:00-11:30 a.m.  Janice Cox, Victoria Redhed Miller
12:30-1:00 p.m.  Dan Chiras, Hilary Kearney, Ira Wallace
3:00-3:30 p.m.  Howard Garrett, Deborah Niemann, Marie Rayma
4:30-5:00 p.m.  Gianaclis Caldwell, Gary Collins, Shawna Coronado, Patricia Foreman, Crystal Stevens

Located in Landon Arena. See map on Page 16.